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SATOMA

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YOUNG FRANKENSTEIN



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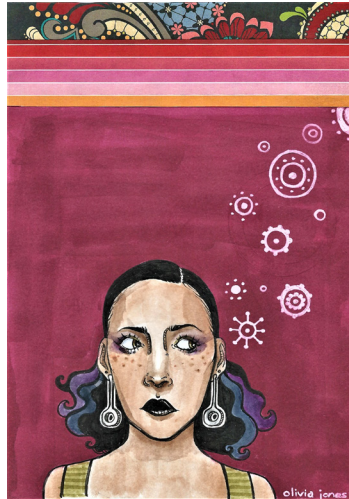
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(ARTWORK COURTESY OF JUNIOR JESSIE SOOS)

EVERY QUARTER THE SATOMA NEWSMAGAZINE HOLDS A CREATIVE WRITING AND ART CONTEST FOR STUDENTS WHO WISH TO HAVE THEIR WORK PUBLISHED. THE WORKS DISPLAYED ARE THE WINNERS OF THE CONTEST FOR THE 3RD QUARTER. SUBMISSIONS WERE GIVEN NUMBERS AND VOTED ON BY THE SATOMA STAFF. ONLY AFTER THE WINNERS WERE CHOSEN WERE THEIR NAMES REVEALED TO THE STAFF IN ORDER TO ELIMINATE ANY BIAS.

Cold Shoulder
BY: ISABELLA HAMM

Where are you?
Where did you go?
I look for you
in the creases of my palms
and the pockets of my coats.
I find
that you are no longer familiar.
Our backs have become more acquaint-
ed these days,
more than our mouths
and the words trapped underneath our
tongues.
only the wrong ones free themselves
from their cage,
it seems.
It's easier to close my eyes
and pretend that you love me the way I
thought you did
all this time,
but I can't see you,
not in this way.
Shards of us
litter the floor of the house.
How ironic
that we are so broken
we are afraid to fix each other.
Syllables of venom
shoot from throats
to air
to ears,
slowly sinking into skin,
dooming the heart
to watch us fall apart.
It's always a matter of miscommunica-
tion,
misunderstanding,
personalities and cultures
crashing into each other
like the waves
raging beneath storm clouds.
Blood rushes to your face,
my voice rips through my lungs,
your eyes flash,
dangerous,
white hot with anger
and the lace of loneliness.
I'm sorry.
I'm sorry for letting us fall
into this void
where all of anything that can be under-
stood
is confusion.
I'm sorry
for hiding our broken pieces under pil-
lows
and believing
that nothing was missing.
I find you in the corners of our room
and under our bed,
always hiding.
I wonder
if you're looking for me,
too.



Abstract Thoughts
BY: OLIVIA JONES



BY: ABIGAIL CHADWICK



BY: KATHRYN GUIANG

Work In Progress

BY: ARYANA DEGHAN
Yesterday,
I was not
Who I am today.
Yesterday,
There were unanswered
questions,
Fabricated emotions,
And unrequited love.
Today,
I am wearing
My heart
A little closer
To where it should be.
Today,
There are tears
Held in,
And the hope
Of tomorrow.
Tomorrow,
I will not be
The girl
I will become,
But I will be closer
Than today,
And yesterday.

Thank you to all
who submitted artwork!
We encourage everyone
to keep working and to
submit art for the next
quarter.

The **Satoma**
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Self care = productive life

It is so important to learn how to take care of yourself, especially in this day and age. It is easy to become overwhelmed by the stresses that high school poses. Learning to manage that stress is one of the most important things you can do to better your overall high school experience and better the quality of your life.

Psychologists recommend practices to help you pause, slow down, and continue your day in the most productive way.

There are precautions you can take to remain in a healthy state of mind. Constantly be drinking water, it helps you not only physically but gives you ample time to take a quick break throughout your busy day. Statistically, going outside in warm, sunny weather can boost your mood. Everyone can

profit from a calm, peaceful walk outside. Believe it or not, those facemasks you might be using to take the edge off actually are not just a placebo effect! Simulating your parasympathetic nervous system helps your body de-stress and slow down. The central points of the system are around your facial muscles and nose, so deep breathing exercises and soothing face masks can help you de-stress. The American Psychological Association recommends exercise if you're stressed. Exercise benefits both your mind and body. Prayer and meditation are also recommended. Venting to someone about your issues not only alleviates its burden on you, but you'll feel tranquil afterward. Trying to slow down in general is really helpful. Learning to balance your life is very

pertinent in this day and age. If you are given a chance to hang out with your friends, participate in some rare opportunity, or something else cool, do it! It's important to work productively as well, so you can allot yourself time to enjoy yourself. Self care is a trial and error method, and knowing what makes you tick lets you know how to take care of yourself when you're stressed.

There are so many resources out there to help you learn to de-stress. Knowing your boundaries and limits and learning to balance your work is a life skill that will translate into all you will do. Focusing on the positives of life and learning from failure is the best thing to do. Looking at things from a different perspective helps a lot. So sit back, relax, and enjoy all that life hands to you.

Participation trophy generation

"Success is not final, failure is not fatal: It is the courage to continue that counts." - Winston Churchill

Attending a Little League baseball game isn't what it used to be. Say you are watching a championship game, anxiously awaiting the winner when all of a sudden two trophies are brought onto the field. Both teams are awarded identical trophies. In some towns, they don't even keep score. Surprised? This is the generation of participation awards. Most people would be outraged by this, only those over the age of 24 of course. In a recent Washington Post poll regarding participation awards, 60 percent of people aged 18-24 believe that all parties deserve an award. While this seems like a superficial issue, it gives way to a far deeper problem. Children are held so tightly, they are never allowed to fail.

To get to the root of the issue we must look to the first teachers of this generation, their parents. Parents

don't parent like they used to. The children of tough love, these parents are anything but. Gone are the latchkey kids and enter the houses with security cameras in the living rooms. Instead of being sent outside to play until the sun sets, children are overscheduled and overbooked, leaving no free time. Forgot your lunch at home? Mom is one call away. Failing a class? Your dad will insist the teacher is in the wrong. Overparenting and blame shifting are the new normal and personal responsibility is no longer in the moral vocabulary of young people. Without personal responsibility, resilience is never learned. Conditions like this curate a form of helplessness which in turn creates anxious adults. This is reflected in the 18% of adults suffering from an anxiety disorder in the United States. A number that is at an all-time high.

While some may argue that this is something children will grow out of, the

lives lead by young people today beg to differ. Over half of fresh college graduates are unemployed. After college, an alarming amount of them move back home until they save enough money to move out. Experts call this an "extended adolescence". While this doesn't apply to the entirety of this generation, it is much more prevalent today than it was with their predecessors. The days of barely scraping by in shared apartments have been replaced with days spent in the safety of their childhood basements.

The most important lessons in life are learned through failure. However, these setbacks are what develop a well-rounded person. In order to become confident and competent adults, children must learn through experience. Knowing this, whenever life hands you an issue, deal with the resources you have and keep in mind that the courage to dust yourself off is more significant than any fall.



TIMBERLAKE'S ALBUM REACHED #9 ON THE BILLBOARD HOT 100.

TIMBERLAKE EMERGES FROM WOODS WITH NEW ALBUM

BY: ALLY WONSKI

Unlike DJ Keemstar, Justin Timberlake did not find a dollar in the woods; rather, he found a new idea for an album. He wanted to dedicate this album to his son, Silas, whose name means "of the woods." "Man of the Woods" was released on February 2. The songs that were featured contained hints of R&B, soul, and funk elements.

On January 5, the first single, *Filthy* was released. However, fans were confused as the song had nothing to do with the traditional sense of the woods - camping, s'mores, bonfires, and more.

When one of his record-producers, Danja, was interviewed about it, he commented, "I like to think of *Filthy* as the disruption between the world we're living in and his world." He explained that Timberlake wanted to erase the world that his listeners grew up in and rather showcase the one he had grown up in - Memphis, Tennessee. He wanted modern elements mixed in with the traditional that he had grown up with. Timberlake needed a song to introduce the whole idea of the album, and *Filthy* did the job well.

Supplies was then released on January 19 and *Say Something* on January 25. When interviewed about

the inspiration behind that song, Timberlake replied, "I said, 'Man, I have this dilemma, because I always feel like I want to say something, but I just don't want to get caught up in the rhythm of all of it.'" His song ultimately reached number 9 on the Billboard Hot 100.

On February 2, the other 13 songs of the album were released, including songs like *Midnight Summer Jam*, *Man of the Woods*, and *Young Man*. Jason Lipshutz from Billboard reviewed the full album and said that it, "Seesaws brilliantly between pop and country." Timberlake recommends to sit outside and relax before listening to this album.

ENGLISH TEACHERS READING RECOMMENDATIONS

BY: THOMAS KNAPP

MR MASCARO

Tolkien's - *Lord of the Rings: the Fellowship of the Ring*

Tolkien's - *Lord of the Rings: the Two Towers*

Tolkien's - *Lord of the Rings: the Return of the King*

MR MOHRMANN

George Steinbeck's - *Of Mice and Men*

William Golding's - *Lord of the Flies*

Harper Lee's - *To Kill a Mockingbird*

MR. LENCH

Stephen Crane's - *Red Badge of Courage*

Mark Twain's - *Tom Sawyer*

Bulfinch's or Hamilton's - *Mythology*

MS. NICE

Charles Dickens' - *A Christmas Carol*

Harper Lee's - *To Kill a Mockingbird*

The Diary of Anne Frank

MS BYRNE

S.E. Hinton's - *The Outsiders*

Harper Lee's - *To Kill a Mockingbird*

Any Edgar Allan Poe Story

RETRO BOOK REVIEW: *The Count of Monte Cristo*

BY: THOMAS KNAPP

Across the fields of literature, readers can find the greatest classical works of fiction that withstand the test of time and persevere as masterful works of art to be studied and held as the standards of writing. *The Count of Monte Cristo* by the prominent French author Alexandre Dumas recounts the trials of a wrongfully imprisoned young man, and his two decade long quest for vengeance set in France, 1815. After breaking out of prison, Edmond Dantes finds an immense amount of gold, throwing him into the wealthy top few that controlled Paris at the time. With this gold and a passion for revenge Edmond becomes the Count of Monte Cristo, and begins to dismantle the lives of the people who put him in prison in the first place.

The Count of Monte Cristo is ironically centered around the life of Edmond Dantes more than his titular alter ego, but the focus is primarily on his character arc. In the beginning, Edmond is a jovial young man who rejoices at his early promotion as captain of a ship, and marriage to his young wife Mercedes. After his 14 years of prison he is consumed by his quest for revenge. Only after one of his plans goes wrong and an innocent is harmed does he realize what he has transformed into. By the end of the book the reader can see a shimmer of Edmond return to the Count. He is not simply an exact copy of his

past personality, but has innovated upon himself to become a better person. Dumas gave Edmond not only a deeper character arc and redemption, but a realistic and human transformation as well.

The Count of Monte Cristo does have hurdles that the reader must jump over to enjoy the book, such as the writing style of Dumas. The 19th century French writer has a tendency to sound verbose and drawn out, and as result can be difficult to read. Some chapters have a sense that if they were skipped entirely, not much would have been missed. Oh he walked through the gardens thinking about the stars? Cool, I'm glad I read that.

The book was published in a magazine, so on a monthly basis parts of the book would be published over two years resulting in multiple chapters being published in chunks. Knowing this, it becomes very obvious that some chapters were written to fluff the piece up to increase the length of the story and improve sales of the magazine. Dumas does not necessarily have to be faulted for this, but nonetheless, it feels cheap.

Despite the writing style and unnecessary size of the book, Dumas certainly delivers a compelling story that pulls the reader into the mind of Edmond Dantes: a constantly changing man whose passion and love compels him forward, and the readers along with him.

‘BLACK PANTHER’ HITS THE MARVEL CINEMATIC UNIVERSE

BY: SYBILLE RATEAU

On February 16th, *Black Panther* finally premiered. Black Panther was first introduced in *Captain America: Civil War* when his father, T’Chaka, was killed in a tragic explosion. The movie picks up with T’Challa grieving the death of his father as he prepares to become the next king of Wakanda. As he tries to live up to his country’s needs and expectations, he must also deal with an old family secret.

Although many people were attracted to seeing the movie, there were also many who became intrigued after seeing all the effort put into making this cinematic production. Ruth. E. Carter, the costume designer, gave careful consideration

to the costumes in *Black Panther* to guarantee that it accurately depicted the mélange of African tribes and cultures. She used real African tribes, such as the Maasai, Ndebele, and Suri, as inspiration for many of the fictional ones portrayed in the movie. Aisha Harris, the dialect coach, dedicated a lot of time to helping the actors speak in believable accents. The authentic African experience that audience members got from *Black Panther* was a big part of what made the movie so captivating.

The movie was especially long awaited in the black community, who had yet to see a major black super hero having a movie of their own. Now that *Black Panther* is finally out, more children can identify with a super hero that looks more like them,

thus showing black children, that they can be the heroes too. Celebrities like Octavia Spencer, Travis Scott, Offset, and Lil’ Yachty even rented out theaters so that kids could watch the movie. The movie is empowering for black people as it portrays the exquisiteness of different African cultures and people, depicting them as they truly are: elegant, powerful, and beautiful. Female warriors are also featured in the movie as strong and confident, giving young girls the sense that they can be too.

Black Panther is a movie that everyone should go see, not only to understand what has left everyone so enthralled, but so that they can be caught up for the upcoming *Avengers: Infinity War*, which comes out on May 4th.



‘LADY BIRD’ SOARS OUT OF THE BOX OFFICE

BY: PAM PICERNO

For anyone interested in checking out this year’s Oscar nominations, *Lady Bird* is a great place to start. Directed by actress Greta Gerwig, the film centers on a high school senior juggling Catholic school, friends, boys, and her family’s shaky financial situation. Though the movie takes place in 2002 and 2003, the situations the characters face are as relatable and poignant to viewers in a modern-day setting.

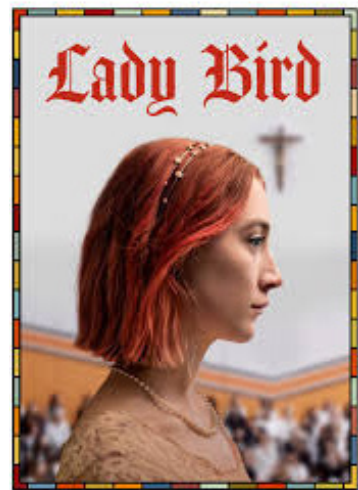
Lady Bird McPherson (Saoirse Ronan) shows her quirky side almost immediately by informing viewers about her name. Her real name is Christine, but she’s tired of blending in and chooses a name that’s certain

to stand out. Her main goal is to get out of Sacramento, California, and into a college far away from her family. This becomes a recurring conflict with her mother (Laurie Metcalf), who doesn’t support her daughter’s plan for financial reasons.

Lady Bird’s sharp temper is balanced by her innocent and cheerful best friend, Julie (Beanie Feldstein). While Lady Bird dates her classmates, Julie falls for her (married) math teacher, without any success. Halfway through the movie, Lady Bird abandons Julie for what she feels is a cooler crowd. However, she learns that the popular kids could never replace her loyal best friend. Lady Bird continues to expand her

social circle by falling for two boys. She meets Danny (Lucas Hedges) while auditioning for her school musical. After she discovers his shocking secret, she moves on to Kyle (Timothée Chalamet), a musician she meets at her local coffee shop. Neither of these boys is right for her, and Lady Bird has to come to terms with the fact that finding love isn’t as easy as it seems.

Though *Lady Bird* may seem like a typical teen movie, it’s so much more than that. It portrays a year in the life of an average girl with both humor and seriousness. *Lady Bird* is a must see for anyone, whether they’re dying to graduate high school or longing to relive those days.



‘15:17 TO PARIS’ CAPTIVATES MANY

BY: SAM SOLDO

The movie *15:17 to Paris* depicts the shockingly true story of the terrorist attack on that fateful train, and the three heroic young men who thwarted the attempt by risking their lives to save others.

On August 21st of 2015, an attempted terrorist attack took place on a train traveling to Paris. However, the attack was prevented by three gallant young men: Anthony Sadler, a California State University senior, Alek Skarlatos, former Oregon National Guardsman, and Spencer Stone, a U.S. Air Force Airman. *15:17 to Paris* follows the

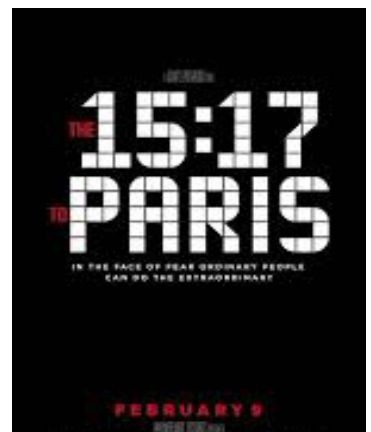
men throughout their lives as close friends, and the interesting events that led up to the attack in the Summer of 2015. What differs this movie from other films based on real events is that the characters are portrayed by the men who were there. Sadler, Skarlatos, and Stone all act in the film, making the movie even more heartrending and emotional.

The courageous men used their bond of childhood friendship to prevent major casualties among the 500 passengers boarded on the Thalys #9364 train to Paris. Persevering through injuries that were inflicted on them while in the midst of the fight, the men worked together to restrain

the terrorist gunman and ultimately saved the passengers of the train.

The movie is based off of the book *The 15:17 to Paris: The True Story of a Terrorist, a Train and Three American Heroes*, an autobiography recounted by the Alek, Spencer, and Anthony. The movie brings the story to life in a captivating way that will leave any viewer speechless, but more importantly grateful that the young men were there that day to save many innocent people.

With so much terror in the world, it is a comfort to see a film in which normal, everyday people stand up to the violent attacks that, unfortunately, are becoming more commonplace.



(ALL IMAGES COURTESY OF GOOGLE.COM)

Prom fashion hits social media

BY: MEGAN LIM

It is officially prom season, and girls have begun lining up to find their perfect dress! With only about two and a half months left until the big day, many girls have been visiting countless stores left and right, trying on anywhere between two to twenty dresses!

To save their peers from the



ABOVE: SLIM FIT NAVY BLUE PROM DRESSES ARE THE MOST POPULAR THIS PROM SEASON

BELOW: STORES NEAR BGA CARRY A VARIETY OF DRESSES AND COLORS

(IMAGES COURTESY OF GOOGLE IMAGES)



embarrassment of accidentally arriving to prom in the same dress, two considerate students have taken it upon themselves to use social media as a means of letting others share what they plan on wearing. Britney Rafols created an Instagram account (@bgajuniormprom, dedicated to the girls of the junior class. Through this account, which already has ninety followers, girls are able to submit pictures of the dress they plan to wear on the night of the prom. Similarly, senior Amber Callahan initiated a Facebook group called "BGA Senior Prom 2018," which currently has seventy-three members and counting.

As evident on the Instagram and Facebook pages, it seems that many girls are following a trend of very fitted dresses. Though there are a variety of different colored dresses posted on the accounts, white, varying shades of red, and navy blue seem to be the most favored colors this season. These dresses have been selected and purchased from an array of different brand names from Jovani to Xscape to Morilee.

For any girls that have yet to find their dream dress, there is still plenty of time to visit local malls with stores carrying prom attire! *Parisienne Dress Shoppe*, located in Menlo Park Mall, carries an assortment of both simple and intricate dresses, all offered at affordable prices. Similarly, *Ultimate Fashions* in Woodbridge Center provides girls with a very wide selection of evening wear, from cocktail dresses to ball gowns. Happy dress hunting!

ME TOO MAKES AWARD SHOWS

BY: SYBILLE RATEAU

On January 28th, the 60th Grammy Awards aired on the CBS Network. Hosted by James Corden, the Grammys brought America's most famous musicians and performers together at Madison Square Garden New York, New York, to honor all of 2018's finest music. Winners included Bruno Mars who won several awards for his album 24k Magic and his song "That's What I Like" Other artists and awards included Kendrick Lamar's "Humble" and his album "DAMN", Ed Sheeran for his album "Divide" and his song "Shape of You", and many more renowned artists won prestigious awards.

Notable performances from the Grammys featured Bruno Mars and Cardi B with their upbeat and entertaining performance of their song, "Finesse" Kendrick Lamar, who opened the awards show, had incredible performances of his hit songs. James Corden also did an impeccable job as the host as he kept audience members and viewers at home amused and laughing with his comedic stunts throughout the entirety of the show.

Although the Grammys was a time for celebration among musical artists, the commemoration of sexual assault victims was a huge part of the ceremonies. With all the recent celebrity allegations of sexual harassment surfacing, it seemed fitting for the show to commemorate it. Celebrities at the Grammys wore white roses as a symbol of the "Time's Up" movement, a campaign that supports women who are victims of sexual assault. The gesture, while subtle, was powerful, encouraging women to speak up for themselves and offering support to those who have been put in a position where they may have felt helpless. Kesha performed her hit song "Praying" with the music industry's most influential female artists, such as Cyndi Lauper, Camilla Cabello, Bebe Rexha, and Andra Day as her back-up singers. The performance strongly focused on the idea of empowering women around the world, a topic heavily portrayed in the show. Logic also had an emotional reaction to his popular song "1-800-



KESHA PERFORMS HER SONG "PRAYING" NOMINATED FOR THE BEST POP SOLO AWARD AT THE GRAMMYS

273-8255" which promotes suicide prevention. The importance of all the issues discussed and displayed through various performances at the show truly inspired all the viewers and audience members.

All in all, the 2018 Grammys was yet another success for the music industry and a source of pride for all the hard-working musicians who were able to walk away with an award. From commemorating their hard work to their honorable upstanding attitude towards social issues, the 2018 Grammy's was an award show for the books.

Along with the passing Grammy's, the Oscars also took place on March 4th, 2018. Some academy award winners were "The Shape of Water" for best picture, Gary Oldman as best actor in his performance in "Darkest Hour", Frances McNormand as best actress in her performance in "Three Billboards outside Ebbing Missouri", and "Coco" as best animated feature film,

Both shows put on fantastic performances, from musicians, to actors, to directors, all types of creators were honored at these awards.

WELCOME TO TRANSYLVANIA!

BY: JULIA KEBULADZE

“Please Don’t Touch Me”

When Frederick arrives at Transylvania he is met by his grandfather’s henchman’s grandson, the hunchback Igor (sophomore Cristian Vozza). Igor tries to convince Frederick to create a monster with him, just as their grandfathers did, in their duet, “Together Again For the First Time.” Still, Frederick staunchly refuses, until Igor reveals he has already hired a new lab assistant, the gorgeous German girl Inga (senior Abigail Lancia). The three take a hayride up to Castle Frankenstein during, “Roll in the Hay,” giving Inga time to convince Frederick how useful she can be.

As they arrive at the castle they are greeted by the mysterious Frau Blucher (senior Natalie Rinaldo), who was Victor Frankenstein’s housekeeper. During his first night in the castle, Frederick dreams of his granfather, Victor (senior Jordan Goins), and his ancestors who urge him to make a monster and reclaim his family name in, “Join the Family Business”. When Frederick discovers his granfather’s rediscovered laboratory Frau reveals that she was more than just Victor’s housekeeper in, “He Vas My Boyfriend”

Later when the creature, (senior Michael Pacitti), is created in the song, “Life, Life” it is clear that the brain put into the creature is abnormal at best. This is because Igor dropped the brain on the way to back to the lab. Frederick is extremely angered by this news, but there is no time to dwell on the situation, as the villagers knock on the door in an effort to expose Frankenstein’s heinous crimes. To distract the villagers from the suspicious sounds coming from the laboratory, Igor, Frederick, and Inga teach the villagers the newest dance craze, “The Transylvania Mania,” which



is one of the main intricate numbers of the musical. Sadly their efforts do not work, as the monster is set free and rampages through the village.

The second act opens with the villagers and Inspector Kemp looking for the monster in, “He’s Loose.” Meanwhile, Inga helps a frustrated Frederick to relax in, “Listen to Your Heart” Unfortunately, Elizabeth arrives to see Frederick and explains, along with her entourage, (Goins, sophomore Carolyn Foley, freshman Joseph Valenzuela, junior Morgan Frazee, and sophomore Faith Dodge), why Frederick will love her arrival in the piece, “Surprise.” However, she is the one who is surprised when she happens upon Frederick and Inga in a compromising situation, but he manages to dupe his fiance into believing there was no ‘funny business’ going on.

Shortly after, the audience meets a lonely blind hermit (junior Lauren Garda) who longs for a companion in, “Please Send Someone” The hermit encounters the monster, but after a few mishaps in his cabin the monster runs away again, leaving the hermit alone. The monster is soon captured by Frederick and his friends, and the group gains a friendly connection with the monster in, “Man about Town”

After teaching the monster some manners, the group performs a famed tap number, “Puttin on the Ritz” However, as the group exits, the monster is frightened and goes on another rampage. The monster kidnaps Elizabeth, but all ends well when she finds something in him she has been searching for her whole life during, “Deep Love.” Frederick captures the monster and attempts to perform an intelligence transfer while the angry villagers attempt to break down the castle doors.

At the latter end of the play



TOP: FREDERICK, INGA, AND IGOR TAKE A BUMPY HAY RIDE UP TO CASTLE FRANKENSTEIN

ABOVE: FRAU BLUCHER TRIES TO CONVINC ELIZABETH THAT VISITING FREDERICK IS NOT A GOOD IDEA

(ALL PHOTOS COURTESY OF BGA PUBLICATIONS)

the procudere fails and the doctor is taken away to be hung for his crimes. Finally he accepts his family’s name in, “Frederick’s Soliloquy.” He is put to death but, in the knick of time, the monster awakens and saves Frederick’s life. The play ends with Elizabeth returning and uniting with the monster while Frederick and Inga look towards a new life together.

From an elaborate set construction, phenomenal dancing, and superb vocal numbers, the show promises to be an exciting event for everyone to see. The fantastic cast would be nowhere without drama director of Lea Gossett, choreographer Kevin McCarthy, sound and lighting managers Kyle Heyman and Lauren Bonavitacola, and backstage manager Nicole Petrick. Buy your tickets now!

March 23rd, and 24th at 8 pm, and March 25th at 3 pm.



THE TOWNSPEOPLE, ALONG WITH FREDERICK, INGA, AND IGOR, CRINGE IN HORROR AS THE MONSTER STOMPS AWAY, WHILE FRAU BLUCHER CELEBRATES HIS ESCAPE

JUNIOR CLASS PREP

THE SATOMA STAFF SURVERYED THE JUNIOR CLASS ABOUT THE ADVICE THEY HAVE FOR UNDERCLASSMEN, AND HO

What are you doing to prepare for SAT's and ACT's?

Taking SAT Prep Courses

Practicing in the PSAT booklet

Taking practice tests to simulate the exam

Attending a Kaplan Review Class

Participating in online courses

Balance your life and get enough sleep



Advice for underclassmen from the juniors

“Start early and look at colleges sooner than you think. Don’t wait until senior year to start researching. Try to get good grades right from the start”
-Temitayo Aghabiaka

“Get in your service hours even after freshman year! Not only does it benefit you, but you also need 50 hours every year until junior year to get into National Honor Society.”
-Jacob Domingo

“It gets pretty stressful but there will always be people around you who care about you, count on them to help you through. Learn more about yourself and just try not to stress”
-Valentina Arango

“Work hard and get involved in clubs, sports, and service opportunities. Go to school activities every time you have the chance, I promise you won’t regret it, it’s always a fun time.”
-Cheyanne Diem

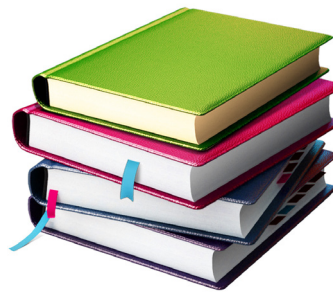
AREAS FOR TAKE OFF

OUR THOUGHTS CONCERNING THEIR THIRD YEAR OF HIGH SCHOOL, AND WHAT THEY ARE PREPARING FOR THE COMING YEARS...

How does it feel knowing you only have one year left at Bishop Ahr?

“It feels surreal; people always say high school goes fast, and they’re right! It feels like only yesterday I was walking through the doors the first time as a freshman. I’m sentimental but excited for a new era”.
-Trisha Ponio

“I’m so sad to leave all of my great experiences here, but I have so many high hopes for college and beyond! Alumni always tell me how much they love college, and I’m excited to become one of those proud graduates.”
-Morgan Frazee



Top 5 Majors the Class of 2019 is interested in pursuing

1. Business
2. Nursing
3. Engineering
4. Bio-medicine
5. Criminal Justice

(PAGE COMPILED BY: JULIA KEBULADZE)

How do you stay organized with the stress that comes with exams, school, and extracurriculars?

“Have a consistent sleep schedule and try to prioritize school.”
-Maddy Covington

“I listen to music, study hard, and pray for the best.”
-Lauren Garda

“I listen to music while studying, it helps me focus a lot. Also my mom comforts me when I’m stressed.”
-Skylar Davison

“I try to calm myself down and convince myself that if I stress I won’t get anything done. Balance is key.”
-Kayla Plaskon

“I talk with Mrs. Loftus in the morning, she gives great advice!”
-Temitayo Aghabiaka

“I focus on review in my free time and try to strengthen my work ethic”
-Aryanna Agarwala

ALL ANSWERS COURTESY OF THE JUNIOR CLASS

Catholic schools week Mass



FATHER KEITH ADDRESSES THE SCHOOL COMMUNITY DURING THE CATHOLIC SCHOOLS WEEK MASS.

BY: ALYSSA PITTARI

On January 31, Catholic Schools Week was celebrated during the Mass. The ceremony was dedicated to St. John Boscopatron saint of schools. Father Keith led the Mass where students gathered in the gym, eagerly awaiting for the festivities to commence.

The liturgy began with students entering with candles that they placed on wall holders, below a banner representing Catholic Schools Week. Mr. Cullinan led the various songs

such as, “Malo! Malo! Thanks Be to God,” which include lyrics in different languages.

During his homily, Father Keith spoke about how everyone is called to succeed and learn as that is what God wants us all to do. He talked about seeing God in others and sharing love. Father Keith concluded his homily with the empowering message that leaders make leaders, and that it is important that everyone be a leader in today’s world.

Petitions were read by stu-

dents and faculty members in several languages which represented that the school community is diverse, similar to the Church. Even though members of the school community come from different backgrounds and languages, they are all equal in God’s eyes and are all welcome to be a part of the Church. During the Mass, several faculty members were recognized for being Eucharistic Ministers. They

were thanked for their assistance to the priest in administering the sacraments of holy communion.

At the end of the Mass, Senior Class President Sara Decker led the rest of the seniors in reciting the school’s mission statement. By doing this, the seniors were able to look back on the life of learning and service they have experienced.

Awards were given to teachers for the number of years that they have been a part of the school community. Among those awarded were English teacher Ms. Niece for 45 years of service to the school. Other teachers included Ms. Collazo, Mr. Ziegler, and Mr. Runkel. Students were also given service awards for their hours helping out in various communities. Freshmen Thomas Koenig, Mary Strunak, and Victoria Tricoles were awarded along with Sophomores Vanessa Hunter, Amanda Markert, and Maia Lim. Juniors Gabriella Jakielaszek, Trisha Ponik, and Martin Vavrak and Seniors Ethan Lim, Jude Roche, and Joo Eun Lim also received the award. These students have worked very hard to live a life full of much service and strived to live out the Beatitudes.

Trading places

BY: GIRLEY OYOLA

On February 1st, seniors enjoyed the annual privilege of swapping with teachers for a day! The upperclassmen presented the underclassmen with games such as Kahoot and Bingo while still learning in the classroom.

To get even more into the spirit of the day, seniors also stole the teachers’ signature looks, dressing up as the teachers normally would using pantsuits, athletic apparel, and even with wigs.

Teacher Swap is a big highlight in Catholic Schools Week, celebrating the hard work and dedication the teachers put into their classes.

All the upperclassmen did a great job in playing the

parts of their favorite teachers and engaging all of the students’ attention for the day.

Senior Erica Bocanegra said of the day, “Teacher swap is one of my favorite days of the year! It was so interesting to get to experience a school day as my favorite teacher.”



SENIORS JUDE ROCHE AND JULIA HAUSS PORTRAY SR. CYNDI.

Tournament of champions

BY: JULIA DUARTE

Catholic Schools Week ended on a fun note with Tournament of Champions on February 2nd. Throughout the day, students from each grade competed in physical and mental challenges.

To test each grade’s puzzle solving abilities, every student was broken up into groups and assigned to a classroom to solve the Egyptian Escape Room Challenge. Teams utilized given clues to escape the tomb or become part of its latest mummy collection.

To test each grade’s athletically, students competed both individually and in teams during Minute to Win It in the little theater, and athletic activities in the main gym. In the gym, competitors would battle it out against each other in volleyball, basketball, speedball, and tug-of-war to

claim victory. Those who didn’t compete kept up the liveliness in the gym by cheering on their classmates from the bleachers.

In the end the seniors triumphed over all in first place with the sophomores coming in second, the juniors in third, and the freshmen in fourth. Tournament of Champions was a day full of fun memories and excitement for everyone.



SENIORS SPECTATE THE ACTIVITIES IN THE GYM.

Freezin' for a reason Service: our TASK

BY: LAUREL PRIME

The 12th annual Polar Plunge took place on Sunday, January 28 at Donovan's Reef in Sea Bright, New Jersey and was one of BGA's most successful- with proceeds amounting to over \$51,000. To support the school, many of students, teachers, and alumni took the plunge into relatively warmer waters. "It was a beautiful day for a plunge," said senior Alexa Romanella, "that is- if you count fifty degrees as beautiful! But going in the water was actually refreshing and a great memory for us seniors that have plunged together"

All throughout the month of December, many students made donations to the event, and bought the Polar Plunge T-shirts sold at school. Students went around school with their donation

sheets and had no trouble finding support from peers.

Participants also collected from family members and alumni. The support shown for the furtherance of Catholic education was remarkable and a great testament to Ahr spirit! Several sports teams and clubs set individual fundraising goals and pledged for their participation in the event - such as art club and football.

Much of the funds accrued will be used to meet expenses for an exciting new \$1.5 million science lab and lecture hall renovation project which will provide students with a 21st century learning environment that equips them with the skills needed to succeed at top-tier colleges. The remaining donations are designated for augmenting BGA's athletics, drama department, and clubs.

BY: NICOLE PETRICK

"There is a place where people wake up hungry in the morning and go to bed hungry at night. These people are our neighbors. The place they live is called Trenton."~ The Trenton Area Soup Kitchen.

The BGA community has always fostered a mentality of generosity and service in its students. One long standing example of this has been feeding the hungry at the Trenton Area Soup Kitchen, also known as TASK. For the past 11 years, ten groups of juniors and seniors have traveled to TASK each year to prepare and serve food to the less fortunate.

Through the generosity of our school community, students never arrive there empty handed - frequently, bringing with them new and gently used clothing that will be handed out to TASK patrons. When asked about TASK Mr. Kevin McCarthy said, "They don't only nourish the body, but they nourish the mind and spirit as well."

Aside from feeding the hungry, the soup kitchen also offers a number of free outreach programs including tutoring, art classes, and advocate services. It has been a staple in the Trenton community since 1982,

when it began serving less fortunate people hot meals out of a church basement. Now in its 18th year, they serve almost 3,000 meals per week.

In addition to the TASK service trip, students also participate in 5 annual lunch packing events, during which they create peanut butter and jelly sandwiches that get packed in paper bags with other snacks and delivered to the soup kitchen. After going to TASK, many students describe it as a touching experience that opens their eyes to the needs of others and an inspiration for them to continue their volunteer work.



VOLUNTEERS GRIN AND HELP THOSE WHO NEED IT AT TASK.

HEARTS RACING FOR HOOPS FOR HEART

BY: SIMON LLAGUNO

The 10th Hoops for Heart basketball game was scheduled for March 8th, but Mother Nature had other plans. Though the game has been postponed for a future date, the anticipation for the event has not wavered.

The purpose of the charity game will be to raise funds for the American Heart Association, an organization that works to combat heart disease. Last year, the community came together and raised about \$5,700.

In the game, current varsity players on the boys and girls teams will battle faculty and alumni. Last year's event was full of much adrenaline and excitement. The game was close throughout and the students clinched a 3-point lead in

the closing seconds. However, Coach Darius Griffin took the ball down the court, making a three-pointer while getting fouled to win the game 54-53.

The students hope to avenge last year's one-point loss taken against a very strong alumni team.

The event offers other festivities, as well. At halftime, people will attempt the half-court shot. Last year, 55 students and alumni attempted the shot. Out of those 55, math teacher Mark Fiore and junior Deontae Crawford were the only ones to successfully make the shot. Raffle tickets were also sold to raise more funds for the event.

The exact date for the Hoops for Heart game is yet to be determined, so make sure to stay posted for updates.



PARTICIPATING PLUNGE STUDENTS LEAP IN THE AIR WITH EXCITEMENT BEFORE PLUNGING INTO THE FREEZING WATER!



SENIOR NICOLE PETRICK AND SOPHOMORES ANNA HOEGLER AND JESSICA PRECKERIS SMILE AS THEY PREPARE FOR THE ICY PLUNGE.

2018 Winter Olympics: Pyeongchang

BY: MAIA LIM

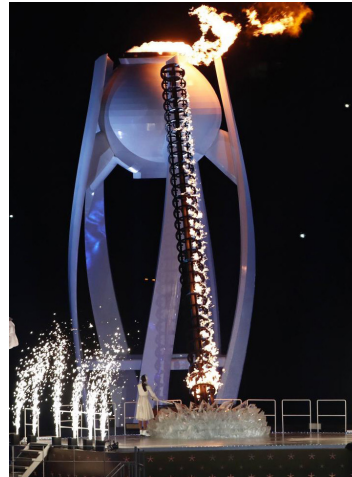
On February 9th, a North Korean member and a South Korean member of the Korean hockey team carried the Olympic torch together up the stairs and passed it on to Yuna "Queen Yuna" Kim who officially lit the torch, hence beginning the 2018 Winter Olympic Games. The rest of the Opening Ceremony, held in the Pyeongchang Olympic Stadium, featured performances from dancers and several notable Korean artists. The introductions of all the Olympic teams also took place during the event, which took the theme of looking towards the future. Among the crowd watching were Vice President Mike Pence and the North Korean leader's sister, Kim Yo-Jong.

This year, America came in fourth behind Norway, Germany, and Canada, with a total of 23 medals in several anticipated sports such as ice hockey, snowboarding, and figure skating. Chloe Kim, snagging gold at 17 years old, became the

youngest woman to win an Olympic snowboarding medal. The USA also won their first ever men's curling gold. Nathan Chen came back into the game after two rather disappointing programs as the first man to attempt six quads in an Olympic figure skating program, claiming fifth, while Yuzuru Hanyu of Japan, took gold. Mirai Nagasu on the USA team became the first woman to successfully land a triple axel at the Olympics. The USA women's ice hockey team took gold. Overall, this year's Winter Olympics for the US was filled with many successes and 'firsts' despite having their lowest medal count since 1998.

The Closing Ceremony took place on February 25th with an air of victory and fun. The high-tech drones from the Opening Ceremony reappeared, forming the shapes of the 2018 Olympic mascot, Soohorang, and a heart in the night sky. Athletes greeted the crowd one last time in the stadium, and performances were given by influential Korean artists, CL, EXO, and a 13

year old guitar prodigy, among others. As the night ended, the Olympic flag was passed to Beijing, where the next Winter Olympics will be held in 2022.



REKOWNED FIGURE SKATER, YUNA KIM, WAS GIVEN THE HONOR OF LIGHTING THE 2018 OLYMPIC TORCH. (COURTESY OF GOOGLE IMAGES)

Trump 'trumps' ISIS

BY: MARY PUCCI

Perhaps Trump lives up to his name. According to U.S. Central Command General Joseph Votel, "The timeline for the military defeat of ISIS can now be measured in weeks." For many, this is a shocking development given the vast amount of territory the terror group once held throughout Syria and Iraq. So, how did this progress so quickly?

On the campaign trail, Trump made big promises to be tough on ISIS. At a rally in North Carolina he claimed, "We are going to convene my top generals and give them a simple instruction. They will have 30 days to submit to the Oval Office a plan for soundly and quickly defeating ISIS. We have no choice." The Pentagon sent Trump a preliminary framework in late February of 2017. There was a same day meeting with Defense Secretary James Mattis, other military planners, and the president to discuss options to move decisively against ISIS. On February 28th, Trump discussed the plan with Congress saying, "As promised, I

directed the Department of Defense to develop a plan to demolish and destroy ISIS, a network of lawless savages that has slaughtered Muslims and Christians and men, women, and children of all faiths and beliefs. We will work with our allies, including our friends and allies in the Muslim world, to extinguish this vile enemy from our planet."

2017 came to a close and the Pentagon reported that ISIS lost 98% of their territory, or more than 40,000 square miles. The number of ISIS fighters also plummeted from around 45,000 to less than 1,000. This swift turnaround has been accredited to the new rules of engagement under the Trump administration. According to retired Air Force Lt. Gen. David Deptula, the former head of U.S. Air Force intelligence, "The rules of engagement under the Obama administration were onerous. I mean what are we doing having individual target determination being conducted in the White House, which in some cases adds weeks and weeks. The limitations that were put on actually resulted in greater civilian casualties." Deptula also commented that

he thinks the ISIS fight would have ended much sooner if President Obama had given the military more authority. "Obama micromanaged the war," Deptula said. "We could have accomplished our objectives through the use of overwhelming air power in three months not in three years."

As for an ISIS free world, U.S. Central Command General Joseph Votel recommends controlled enthusiasm. "I think we are probably a ways away from this," Votel said. Due to the widespread nature of the terror group, their brand still very much exists. Social media helps recruit foreign fighters and keeps the group's influence alive, despite their continued losses. The president has no intent of letting up, however. While the threat of ISIS is lessened, troops are to remain in Iraq. Brig. Gen. Jonathan Braga, a coalition leader said, "Our enduring presence as invited guests in Iraq will shift to focus more on policing, border control and military capacity building. We will sustain the successful momentum and enhance the capacities of the Iraqi Security Forces in pursuing Daesh (ISIS), now and in the future."

Current Events: TED Talk revolution

BY: MARJOLYN MEGALLOUDIS

Ted Talks are becoming increasingly popular in today's society. They have become so popular that the original idea of Ted Talks only centering on education has changed into Ted Talks revolving around new ideas and issues. Most of these ideas are ones coming from monks, professors, psychologists, and even young adults. Many do not realize that Ted Talks allow people to exercise their brains to find solutions for complex issues. However, the most unique thing about Ted is that no video is alike, and one can find thousands of subjects to listen to just on the website itself.

In 1984, Ted Talks were just conferences that were recorded for informational data use only. Now, Ted Talks are being presented on websites weekly, sometimes even daily. They began to take a new route in 2000, ranging from many vast political, psychological, religious and cultural standpoints. Due to this new take, Ted Talks have turned into gateways and outlets for people all around the world to listen to during their hardships. In fact, on the "Most Popular" list of Ted Talks, there is one labeled: "How to Be Happy Every Single Day." Young adults are also taking part in the Ted Talk revolution—there is even a whole playlist dedicated to millennials who are seeking inspiration.

The Ted Talk revolution is definitely worth the hype it receives. With the new edition of youth conferences, it doesn't take an expert to speak about subjects such as living, culture and politics. According to the TED website, "TED is a global community, welcoming people from every discipline and culture who seek a deeper understanding of the world. [The organization believes] passionately in the power of ideas to change attitudes, lives and, ultimately, the world." The engagement one shares with a Ted speaker creates a way to go forward with an idea and influence the world. All Ted Talks are finding a way to connect with the audience. This gives hope in the future of Ted Talks, that instead of finding inspiration in the wrong places, people can look to those who relate to them in some matter.

SPORTS Spotlight

Name: Maricruz Azcona-Parajon



Nickname: Mari, Cruzy, Mary

Grade: 12

Sport: XC, Winter & Spring Track

What motivational quote inspires you? "If you can't run, walk. If you can't walk, crawl. But whatever you do you have to keep moving forward."
-Martin Luther King Jr.

What is your favorite brand of sports apparel? *Nike and Adidas*

Name: Sean Flynn



Nickname: Flynn

Grade: 12

Sport: Baseball

What motivational quote inspires you? "Look good, feel good, play good."
-Anonymous

What is your favorite brand of sports apparel? *Big Baller Brand*

Name: Ryleigh Greenwald



Nickname: Ry, Ry Bread

Grade: 12

Sport: Softball

What motivational quote inspires you? "If you ain't first, you're last."
-Ricky Bobby

What is your favorite brand of sports apparel? *Under Armour*

Name: Jalen Reyes



Nickname: none


Grade: 12

Sport: Swimming

What motivational quote inspires you? "Without a goal, you can't score."

What is your favorite brand of sports apparel? *Adidas*

Name: Alfonso Sibayan Jr.



Nickname: Alphie, Alps, Alonso, Alph

Grade: 12

Sport: Track & Field

What motivational quote inspires you? "Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure."
-Nelson Mandela

What is your favorite brand of sports apparel? *Nike*

Name: Christine Houghton



Nickname: Chris


Grade: 12

Sport: Spring Track

What motivational quote inspires you? "If something's going on in your life and you're struggling, embrace it, because you're growing."
-Nick Foles

What is your favorite brand of sports apparel? *Under Armour*

Name: Rashan Ruff



Nickname: Money

Grade: 12

Sport: Basketball

What motivational quote inspires you? "Look in the mirror... That's your competition."

What is your favorite brand of sports apparel? *Adidas*

Name: Elyssa Jackson



Nickname: EJacks, Lyss, Elyss, Lyssa, Monique


Grade: 12

Sport: Basketball

What motivational quote inspires you? "If you wanna be somebody, if you wanna go somewhere, you better wake up and pay attention."
-Sister Act 2

What is your favorite brand of sports apparel? *Nike*

Name: Jack Roarty



Nickname: Jackson

Grade: 12

Sport: Basketball

What motivational quote inspires you? "Be a lion not a gazelle."

What is your favorite brand of sports apparel? *Asicx*

Court is in session



SENIOR CAPTAIN ALEX SANTIAGO SUREVEYS THE FLOOR AFTER BLOWING BY HIS DEFENDER.

(ALL PHOTOS COURTESY OF BGA PUBLICATIONS)

BY: JAREN BULIYAT

“We never lose sight of the reason why we work so hard in practices and why we strive to win. We do it for Coach DJ,” said senior

varsity captain Greg Cruz. The varsity boys basketball team was a motivated squad that was difficult to take down this year. The seniors of the team were Alex Santiago, Simon Llaguno, Rashan Ruff, Tyler James, Greg Cruz, Matt Panganiban, Trevor

Anthony, Jack Roarty, and Jordan Wells. The coaches that directed the talented team were Coach Ronald “Pitt” James, Coach Jordan Smith, and Coach Mike Gordon.

A fan-favorite game was the game against Carteret on December 22. Carteret led 41-32 by the end of the third quarter, but the Trojans never gave up. The Trojans managed to come back in the fourth quarter and forced an overtime, and won 65-63. Santiago had 30 points, 6 steals, and 2 assists. The Trojans went on a 12 game winning streak. In the Greater Middlesex Conference tournament, the boys went head-to-head with North Brunswick, winning by a score of 61-56. An impressive performance was put up by junior Jalen Brooks with 12 points, 7 rebounds, and 2 steals. Although they lost to Old Bridge in the following game with many questionable calls, the school community is very proud of what the boys have accomplished this year. The team

finished with a record of 10-2 in the conference and 17-7 overall.

The team had several outstanding performances this year. Sophomore Quadry Adams averaged 14 points, 5.7 rebounds, and 1.7 steals. Adams led the team with the most field goals made with 122. Santiago averaged 19 points, 1.9 assists, and 2.4 steals. Alex scored a total of 400 points this season and drained 42 three-pointers. Along with these impressive stats, Alex reached the 1,000 point milestone. Ruff led the team in rebounds and assists with a total of 179 rebounds and 49 assists. Junior Marquise Billingsley showed that offense isn’t everything with his 33 blocks and 21 steals.

This season was definitely a huge step in the right direction for the basketball program. This year was truly an outstanding season, but there is always room for improvement. The Trojans will definitely be back next year, ready to make a statement.

A striking season

BY: MARY PUCCI

The varsity bowling teams had a striking season. Led by coaches Terence Reilly and Mark Fiore, the



JUNIOR KYLE HEYMAN STEPS INTO A THROW, LOOKING FOR A STRIKE.

teams were prepared for a productive season.

The girls worked hard this season building consistency. The team leaders for the girls were senior Katie Eicher, with an average of 158 and sophomore Anne Hoban, with an average of 139. Katie Eicher is also a Triple Crown Winner. Sophomore Catheryn Duarte, a new member, had this to say about the season: “Being on the bowling team for the first time taught me more about the value of working together and caring about your teammates. It doesn’t matter what happens as long as we are all together, win or lose.” Sounds like a victory for the girls.

For the boys, this season was a rebuilding one for sure. The team leaders for the boys were junior Kyle Heyman, with an average of 179, and freshman Donovan Rivera, with an average of 170. While this was not an easy season for the boys, Heyman had some positive words. “Although we had a tough season, the team we built was more powerful than any wins or losses,” Heyman said.

Tumbling for trophies

BY: SIMON LLAGUNO

Whether it be on the hardwood of the basketball court or in the cold weather of football games, this year’s cheer team gave it their all year round. Apart from supporting the school’s sports teams, many of the cheerleaders competed against other schools and won many awards, continuing the legacy of years past.

The team won the Greater Middlesex Conference tournament (GMCs) once again, and they also went on to win four local competitions this year. They also went on to win nationals in Virginia Beach. Their success wouldn’t have been possible without the guidance of coaches Jordyn Mueller, Chelsea Mueller, and Christine Chaney. Seniors Nicole Napoli, Madison Menafro, Erica Bocanegra, Kerriann Howley, and Marisa Rader all brought leadership to the team.

“This season has had its ups and downs,” Napoli recalls, “but in the end, we were very strong as a team and motivated each other to be

better. We’re one of the best in the state.” After a successful run, the girls expect to continue the tradition of excellence in years to come.



DEJAHNNA SYMISTER CHEERS IN FRONT OF THE FANS BEFORE THE BOYS PLAY AT HOME.

OVER THE HURDLES Unfinished business

BY: MAIA LIM

The winter track season has come to an end. The team was able to develop closer bonds with one another, and despite some players having to take a break from running because of injuries, this season was a strong period of improvement, rebuilding, and development. “The team definitely did become a lot closer throughout this season,” stated sophomore Joseph Dunn. The seniors this year were Gabi Stankosh, Maricruz Azcona, Anthony Leung, Robbie Herbert, Mariel Gomez, David Essel, Alfonso Sibayan Jr.,

and Joey Martinez.

During the Bill Reid Memorial Meet, sophomore Chris Rodriguez, Gomez, Leung, Essel, and junior Rohan Tonk claimed medals. At the Greater Middlesex Conferences, a medal was won by Katie Perez, successfully closing this year’s Winter Track season. Sophomore Gabriella Toryk said, “Winter track isn’t entirely about running to get medals, it’s running to get ready for spring. It’s about building mental and physical endurance. Although track is often overlooked, I am extremely confident that...our team will do big things this spring. It’ll be hard to overlook us then.”



EMMA BOSLET ATTACKS THE HOOP TO MAKE A PLAY FOR HER TEAMMATES.

BY: KRISTEL RAMBAUD

Ever since the start of the season, the girls on the varsity basketball team have had one thought on their mind: unfinished business. After losing last year in the Greater Middlesex Conference Tournament, the team came into the season prepared to be even better than they were last year. Under the coaching of Brittney

Griffin and Christina Merlin, the girls started the season off with a record of 17-0. They then went on to finish their regular season with a record of 21-3.

The team this year consisted of five seniors: Jessica Boakye, Sara Decker, Mildred Demby, Elyssa Jackson, and Caroline Tramontana.

The team won the White Division with a record of 14-0. Emma Boslet and Megan Herka were named to the GMC All White Division team. Boslet also was named to the All GMC team and scored her 1,000th point this season.

Despite how good their regular season was, the team knew they had to work even harder in the GMCs. The team started the GMCs off with two blowout wins against Monroe and JP Stevens. They then had to go up against Piscataway, who had snapped their 17-game win streak during their season. Despite putting up a great fight, Piscataway won the game and advanced to the finals.

This season definitely shows that the team has great potential next year. With a young lineup and a strong record this year, Boslet and Herka will be leading another unstoppable squad in years to come.

Make a wave



FRESHMAN BRIANNA DY TAKES A BREATH AS SHE RACES IN A MEDLEY.

(ALL PHOTOS COURTESY OF BGA PUBLICATIONS)

BY: JASMINE CHANG

The swim team had a fantastic season. Everyone on the team this year worked extremely hard. While practices started at 6 AM, many swimmers also pulled double-duty with club practices at night. A big thank you goes to coaches David Arva, Christopher Lewandowski, and Amanda Cleveland-Miller, who all came in early each morning to work with the team.

The boys team performed well at GMCs despite having only a handful of swimmers and headed on to states. Jalen Reyes, Thomas Koenig, Ishan Bhavsar, and Sean O’Leary from Middlesex all turned in respectable times. Within their respective heats, the boys had many top 3 finishes.

The girls team had a strong 6th

place finish at GMCs, with first place finishes in the 200 medley relay, 200 FR relay, 200 IM, and 100 backstroke. The 200 medley relay consisted of Sarah Hardy, Lara Espiritu, and Brianna Dy, with Erin Pepe anchoring. The 200 FR relay consisted of Caroline Trevino, Brianna Dy, and Erin Pepe, with Sarah Hardy anchoring. It was extremely close - Bishop Ahr won by just 0.24 seconds. Also, the Trojans sent off the relay team to Meet of Champions as well as Sarah Hardy in the individual 200 IM and 100 backstroke events.

This year’s graduating seniors include Pepe, Megan Crocco, Bhavsar, Colleen Chan, Stephanie Sequiera, Reyes, Jasmine Chang, and O’Leary. The Trojans have their eyes looking towards a bright future.

Pinning down competition

BY: JULIA KEBULADZE

This year the wrestling team can look back at a productive winter season. Led by seniors Rob DeSantis, Devin Merle, Ryan Mohabeer, and Samori Simon, the team’s hard efforts and vigorous practices resulted in a great improvement for the team. Their statistical record does not truly reflect the hard work they put in this season. Facing obstacles such as rebuilding much of the team after many senior wrestlers left last year, the team truly persisted through many obstacles. Head coach Nicholas Tonzola and the team trained hard, which resulted in a lot of learning experiences. The following years for this team promise to be even more groundbreaking.

Senior Robert DeSantis said about his final year wrestling, “We had a tough year, but we had a lot of wrestlers step up big this year.



DEVIN MERLE WORKS TO TAKE DOWN HIS OPPONENT.

Those wrestlers include Devin, Samori, Christian [Diaz], and Armando [Cerasani]. They showed what it truly means to be a wrestler.”

All in all, the teams hard working attitude and diligent spirit resulted in a memorable and rewarding season.

Join us for the 48th Annual Memorial Prayer Service and Palm Sunday Liturgy.

Sunday, March 25th in The Little Theater at 9:30 A.M.

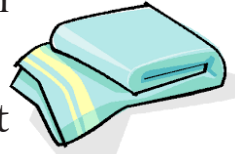
Following the Mass, the PTG serves a breakfast in the cafeteria. Tickets are \$15.00 per person

Please Donate



BGA will donate new white adult crew socks to TASK, and is also collecting new blankets for local soup kitchens.

All blankets and socks can be brought to Mrs. Wilton in Room 215.



Please provide a receipt to receive service hours.

POCKETBOOK BINGO



APRIL 27
DOORS OPEN 5:30
GAMES BEGIN AT 7:30

\$30 FOR 10 BINGO SHEETS
ADDITIONAL BOARDS, RAFFLES, AND 50/50S WILL BE AVAILABLE FOR PURCHASE AT THE EVENT

NHS Spring Blood Drive



When? Friday April 13
Where? Main Gym
How? Sign-up for appointment

Help save a life!

*Anyone who is 16+ years old & weighs at least 110 lbs is eligible

Let the memories last...

Get your yearbook now!

ORDER FORMS CAN BE PICKED UP AND RETURNED TO THE MAIN OFFICE.

PLEASE SEE MRS. FUCCI FOR ANY QUESTIONS

THE STATIONS OF THE CROSS

Tuesday, March 27
7:00 PM in the Little Theatre

You are invited to attend the Simple Soup Supper before stations in the cafeteria 5:30-6:30.

Free will offerings will be accepted to be given to the Elijah's Promise and TASK soup kitchens